

Transportation from

**Folsom and**

**CSP-Sacramento**

Directions to the Bay Area, Central California (Sacramento to Bakersfield), and Southern California (LA and San Diego)

Updated: 6.5.15

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Getting home from Folsom and CSP-Sac can be difficult and expensive, and you may have no more than $200 to pay for the return trip. This guide is intended to provide information on transportation options from Folsom and CSP-Sac.

**LEAVING PRISON - FOLSOM and CSP-Sacramento**:

Othe day of your release, you will be taken to Receiving and Release, where you will be provided clothing, identification, and gate money. You will then be taken to the Greyhound or Amtrak in Sacramento

**Clothing**: The prison will provide you clothes for your release. There are some clothes that have been donated, and you also may purchase clothes from PIA using your gate money.

If someone has sent dressouts, they will be waiting for you at Receiving and Release. An individual must send the items thirty days prior to your release, write “dressouts” as well as the person they are being delivered to.



**Identification**: You may keep your CDCR-issued identification, and this will likely be the only identification available. However, recent legislation has required CDCR and DMV to supply individuals leaving prison with identification**.** Starting January 1st, 2015, AB 2308 requires the California Department of Corrections and Rehabilitation and the Department of Motor Vehicles to ensure that inmates released from state prisons have valid identification cards (pictured right).

If you are leaving prison, and you meet all the following requirements:

1. Previously held a CA driver’s license or ID card.
2. Have a usable photo on file with the DMV that is not more than 10 years old.
3. No outstanding fees due for a prior CA identification card.
4. DMV verified your name, date of birth, social security number, and legal presence in the US.

Then, you should get an identification card. **Prior to release, speak with your counselor about getting your CA ID.** Identification is in important to get public benefits, housing, and other important necessities.



**Gate Money:** Many CDCR facilities no longer give cash at the gate release. Instead, they are issuing debit cards as gate money (pictured left). This debit card should have your $200 gate money, in addition to the money in your trust account. CMF will institute this program soon, though it was unclear in PRN’s discussions with prison officials when that would occur.

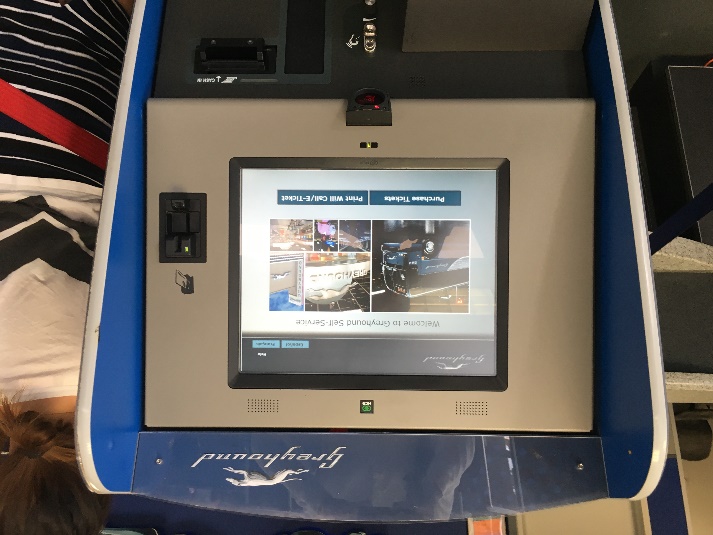
**Asking for help:** “My advice would be to ask for help. I asked for directions from anybody I could once I got to San Francisco. I actually asked directions from three police officers. I left with another guy, and he was freaking when I approached the police. I told him, ‘Relax we’re not doing anything – we’re free.’” – Mark Self, released from Solano 2015.

Electronic Tellers: Americans now purchase many items from electronic tellers. “The weirdest experience I had was going to a store and there were no tellers – just go in in and check yourself out. That was crazy,” recalled Daron Jones, who served thirty years and was released in 2015. Electronic tellers are discussed extensively in this packet.

PURCHASING GREYHOUND TICKETS FROM AN AGENT

At the Greyhound station there will likely be a uniformed ticket agent at the counter (see right). They will help you buy a ticket to wherever you are going. You may have to get off the bus and onto other buses on your trip. If possible make sure you buy all tickets needed for your Greyhound trip at your first Greyhound station, rather than purchasing separate tickets at each stop, however do what the ticket agent instructs.

PURCHASING TICKETS USING THE GREYHOUND KIOSK MACHINE

If the Bus/Greyhound station you are at does not have a ticket office/agent, you can purchase bus and train tickets at the Greyhound kiosk machine as shown to the left. You may have to get off the bus and onto other buses on your trip. If possible make sure you buy all tickets needed for your Greyhound trip at your first Greyhound station, rather than purchasing separate tickets at each station you stop at.

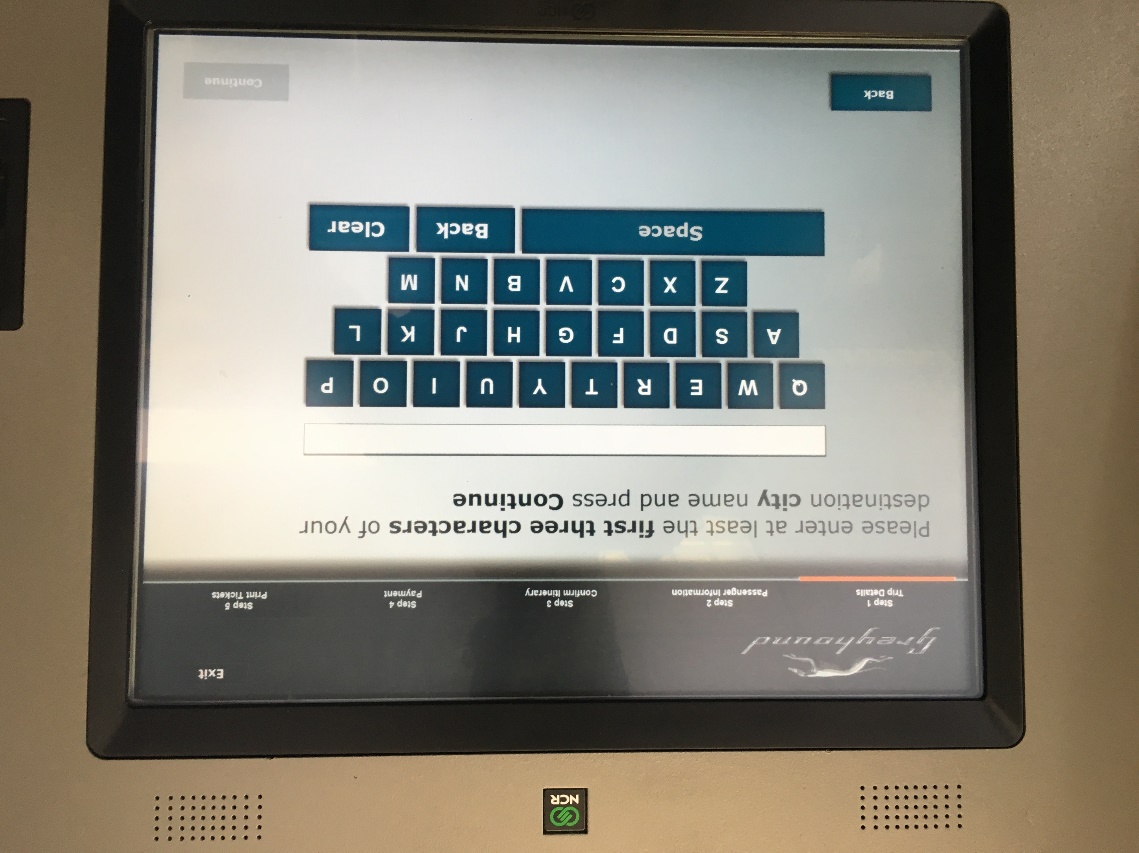


The Greyhound kiosk machine uses a touch screen. To purchase tickets using the Greyhound kiosk machine, **follow these instructions:**

Press the **Purchase Tickets** button



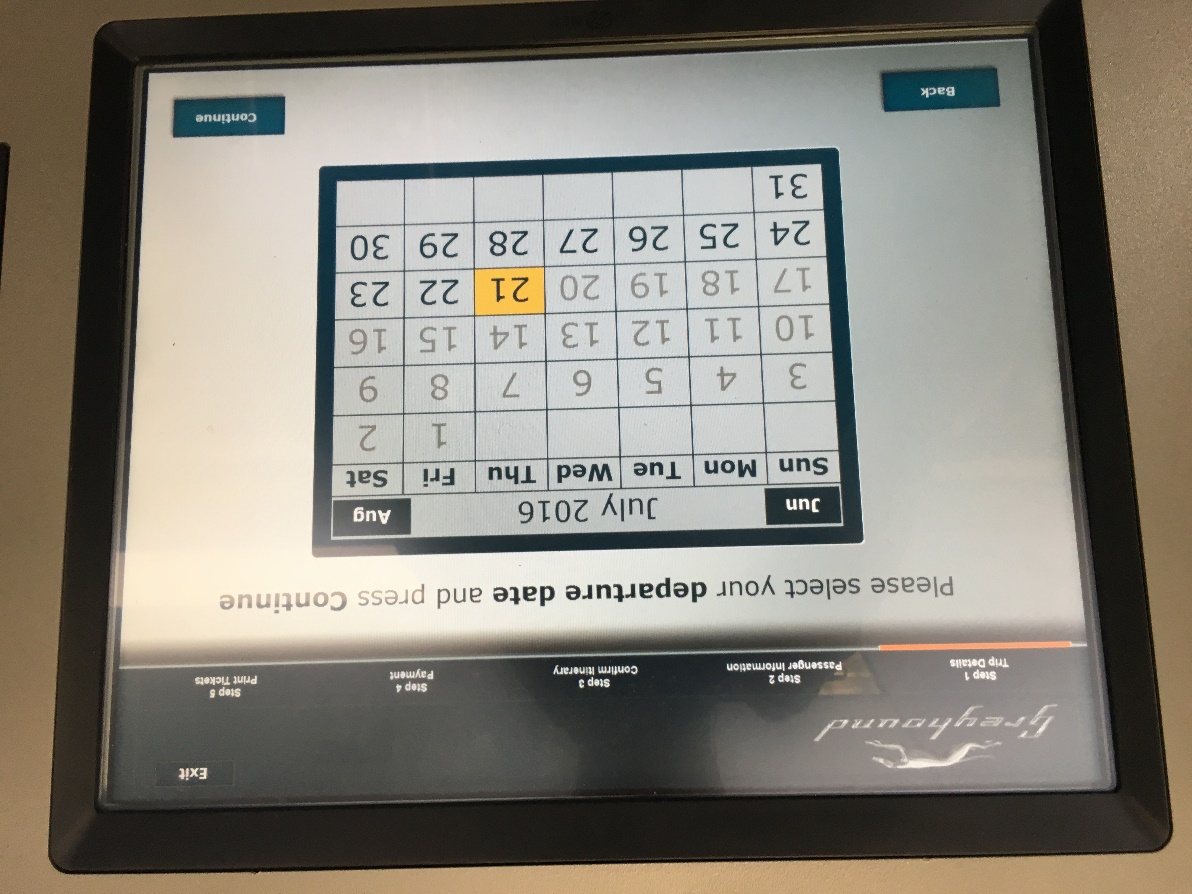
Press the **One Way** button.



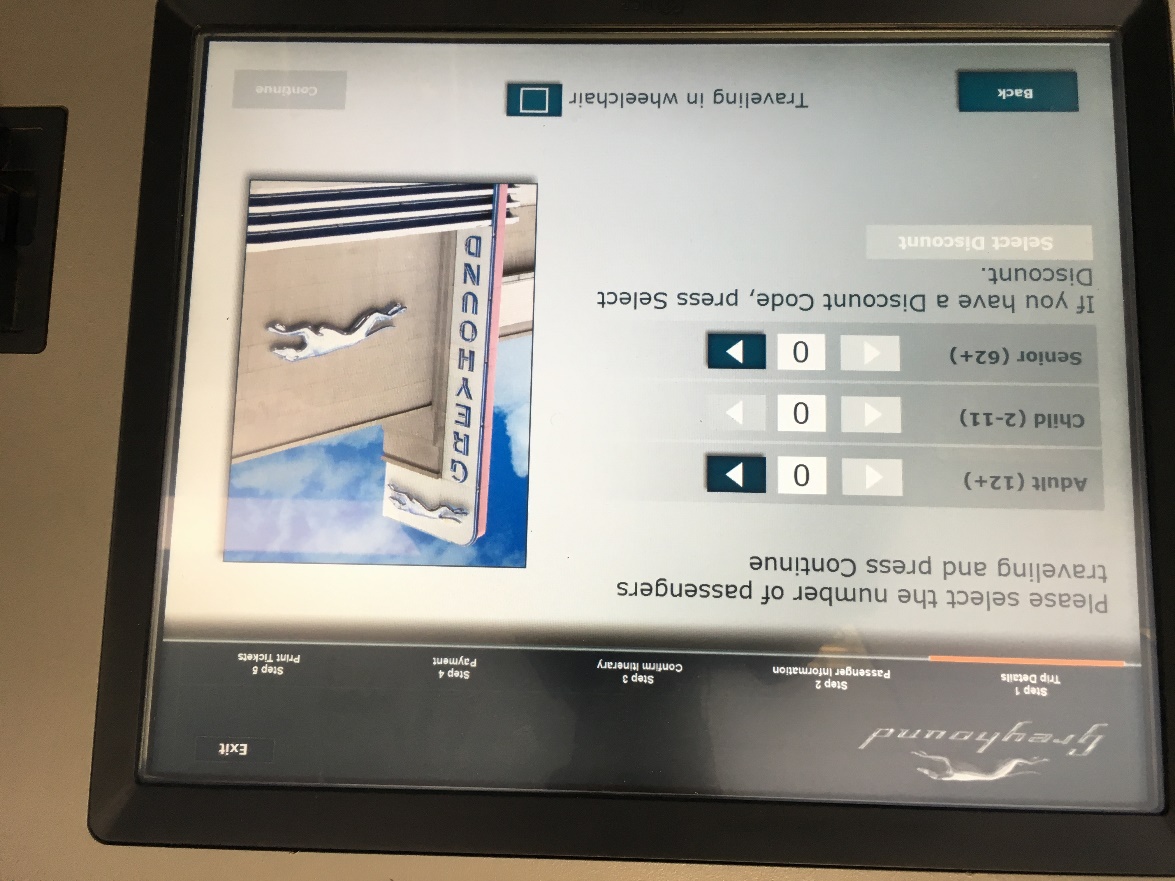
Press the **first three letters of your destination**, the press the **Continue** button in the bottom right corner.



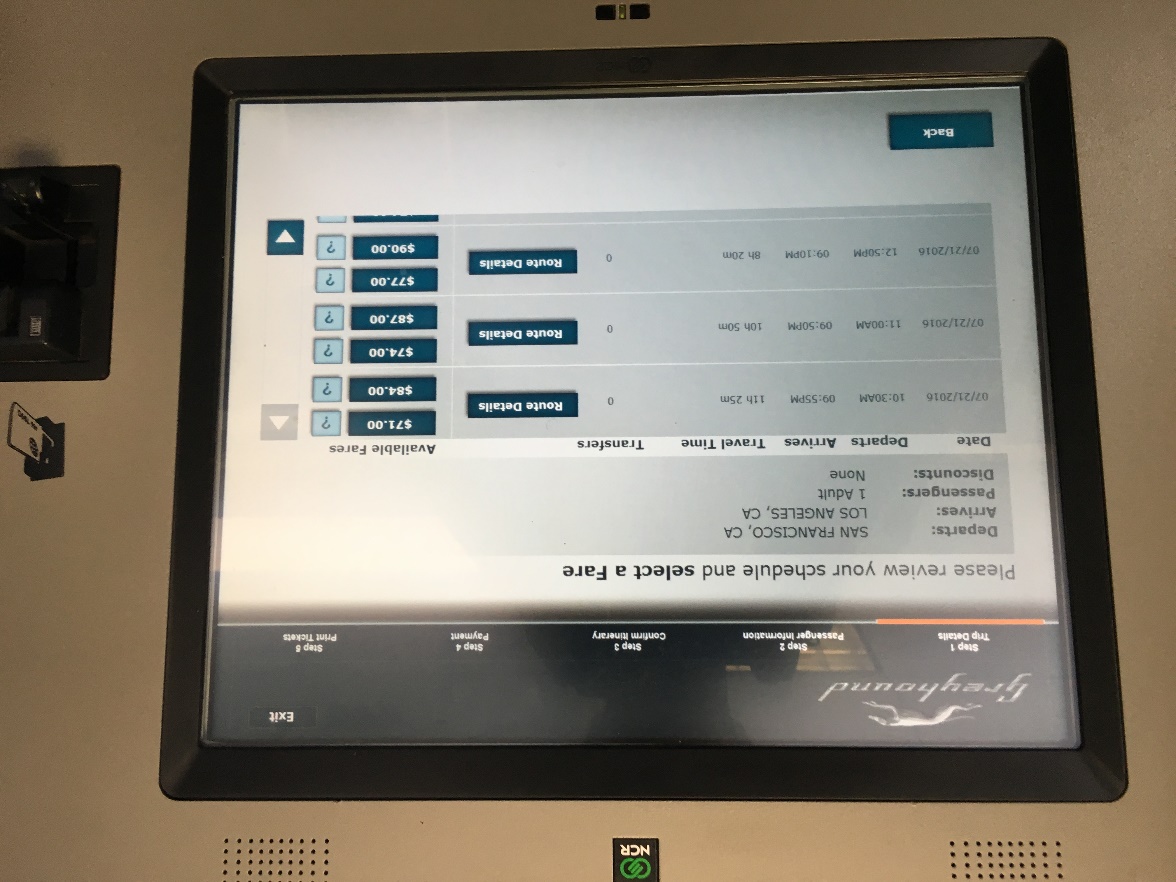
**Press your destination** on the screen and then press the **Continue** button in the bottom right corner.



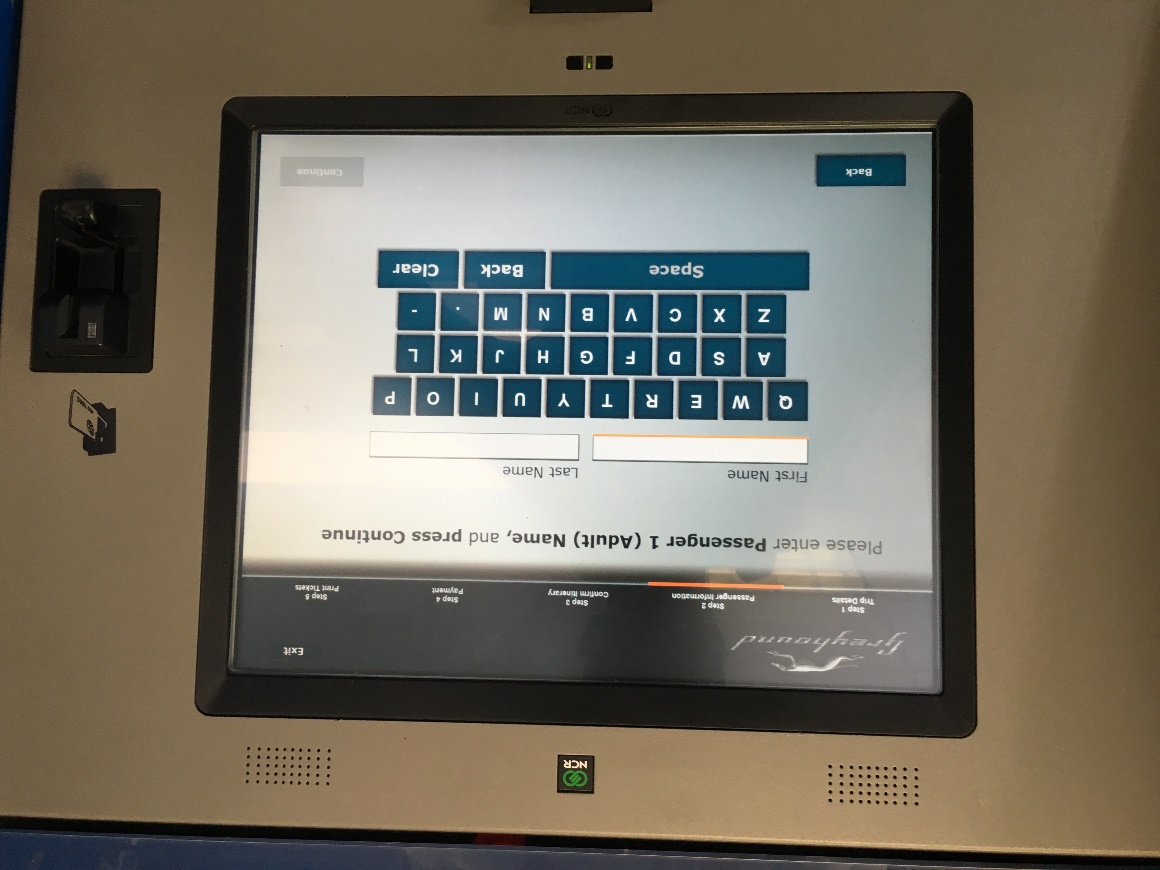
Press your **departure date** (probably today’s date) and then press the **Continue** button.



Press the **>** (arrow) button next to the type of tick you would like to buy. Then press the **Continue** button.



Press the least expensive price of the trip you would like to take. When the machine asks “Would you like to accept this fare?” press **Accept**.



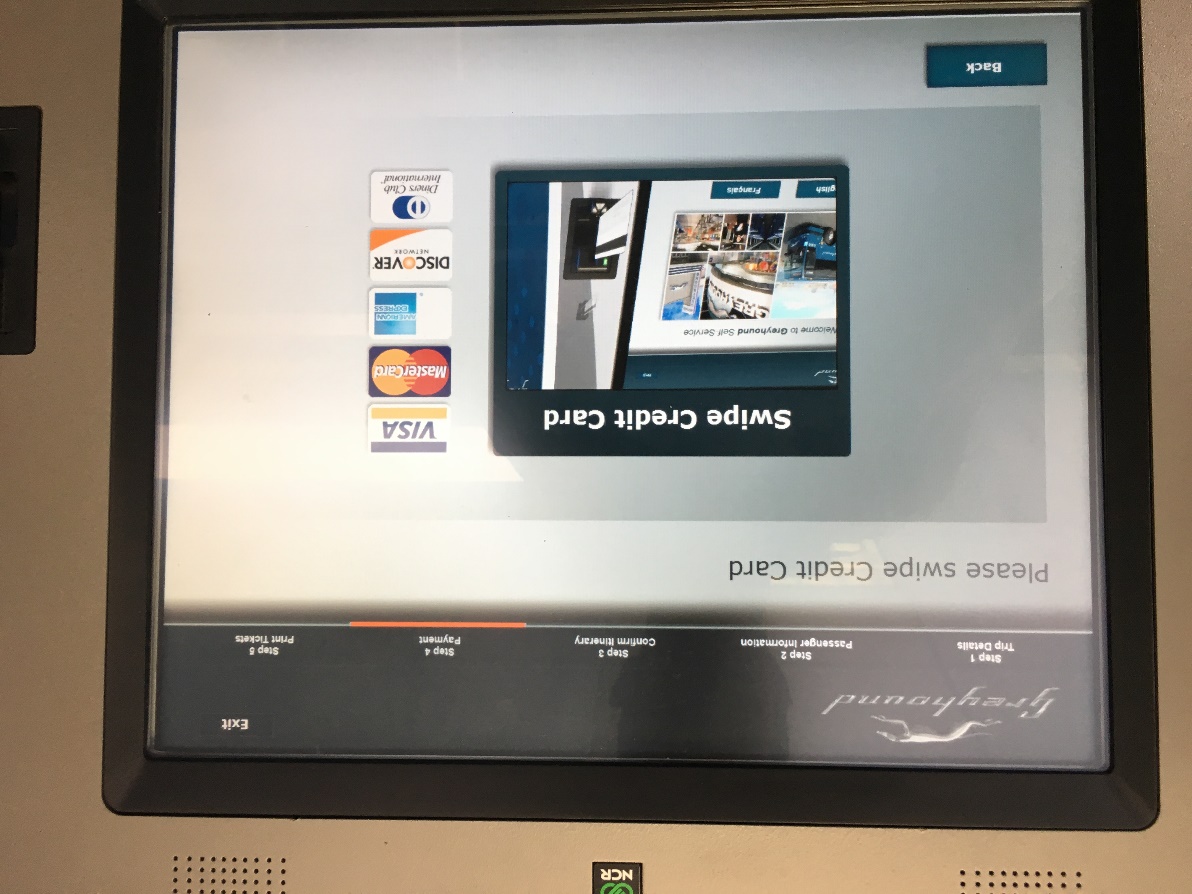
Type your first and last name into the machine. Then press the **Continue** button. It will then ask you to “Review your Itinerary and Charges.” Make sure everything is as you want it to be then press the Continue button. It will then take you to “Terms and Conditions.” Press the Accept button in the bottom right corner.



Swipe your card in the slot on the right of the machine the way shown in the picture. Your ticket should print and be delivered below the screen.

Congratulations! You’re on your way.

Press the way you would like to pay. This likely with “credit card” unless you have cash. You can use the card CDCR provided upon release.



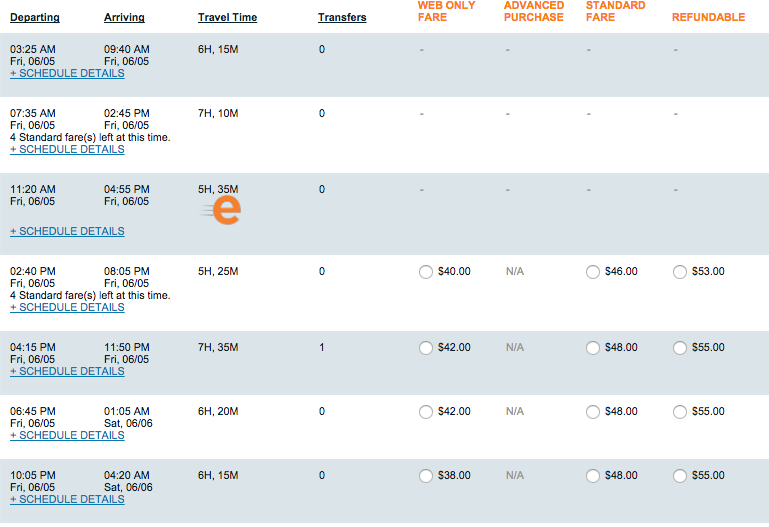
**Sacramento Greyhound Bus Station:** If you do not have someone scheduled to pick you up, you will most likely be taken to Sacramento Greyhound Bus Station (420 RICHARDS BLVD  
SACRAMENTO, CA 95811). It looks like this:



**Sacramento Amtrak Station**: The Sacramento Amtrak station is not the Sacramento Greyhound Bus Station. It is located 1.4 miles from the Sacramento Greyhound bus station. It is unlikely you will be able to take a bus from the Sacramento Greyhound Station to the Sacramento Amtrak station, even though train travel may be more comfortable and less expensive. If your correctional officer allows you, walk along Richards Blvd. to N 7th street, and take the GREEN streetcar line south to I street. Get off there, and walk west three blocks to the Sacramento Amtrak. The Sacramento Amtrak is located at 401 I Street, and looks like this:



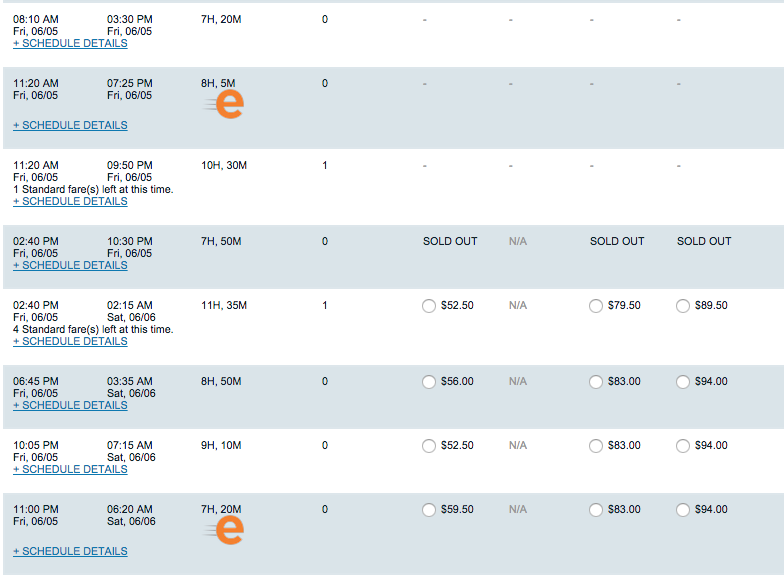
**BUSES FROM SACRAMENTO GREYHOUND BUS STATION TO BAKERSFIELD**: To get from the Sacramento Station to **Bakersfield**, purchase a ticket from the clerk at the station. Here is the schedule:

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Buses leave at 7:35am; 11:20am; 2:40pm; 4:15pm; 6:45pm; 10:05pm.

They costs approximately $50.

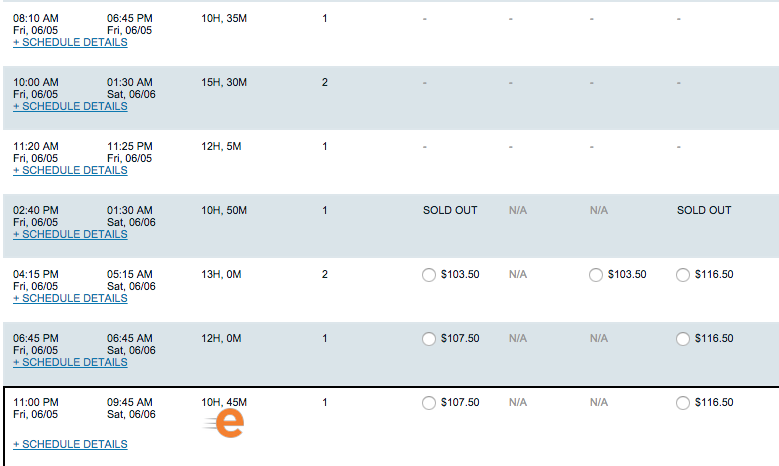
**BUSES FROM SACRAMENTO GREYHOUND BUS STATION TO LOS ANGELES**:

****To get to **Los Angeles**, purchase a ticket at the Sacramento bus station. Here is the schedule:

Buses leave at 8:10; 11:20am; 2:40pm; 6:45 pm, and 10:05pm.

They cost approximately $83.

**BUSES FROM SACRAMENTO GREYHOUND BUS STATION TO SAN DIEGO**: To get to **San Diego**, purchase a ticket at the Sacramento bus station. Here is the schedule:

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Buses leave at 10:00 am; 11:20am; 2:40pm; 4:15pm; 6:45pm; and 11:00pm.

They cost approximately $100.

**BUSES FROM MADERA GREYHOUND BUS STATION TO THE BAY AREA**: To get to **Oakland**, purchase a ticket at the Sacramento bus station. Here is the schedule:

Buses leave at 8:45am; 10:00am; 11:30am; 3:00pm; 4:15pm; 5:30pm; 7:00pm; 11:30pm.

Tickets cost approximately $15.

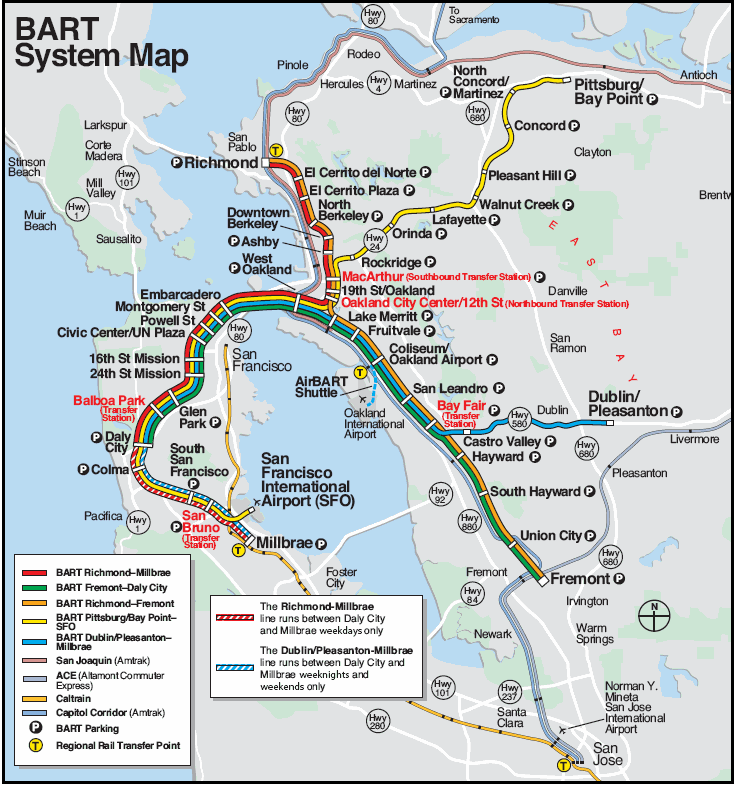
**TRAVEL IN THE BAY AREA USING BART**: Once you are in Richmond, you can transfer to Bart. **BART** stands for Bay Area Rapid Transit. BART operates five routes on 104 miles (167 km) of line, with 44 stations in four counties. With an average of 373,945 weekday passengers, 176,616 Saturday passengers, and 119,247 Sunday passengers in January 2013. The BART logo looks like this:

**BART CARD**: This a BART card (pictured right). Insert it into the turnstile (pictured below) on both entry and exit.



Once you exit, the funds are removed based on the length of your travel. You can know how much money remains on your card by looking next to the arrow, where the remaining amount is printed.

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The BART system is complicated, but you can get to most destinations in the Bay Area.

**PURCHASING TICKETS AT AN AMTRAK STATION USING A TICKET MACHINE**

If you make it to an Amtrak station, there may be an electronic kiosk where you can purchase bus and train tickets (pictured left). Make sure you buy a ticket **all the way to your final destination**, rather than purchasing separate tickets for each leg of the journey.

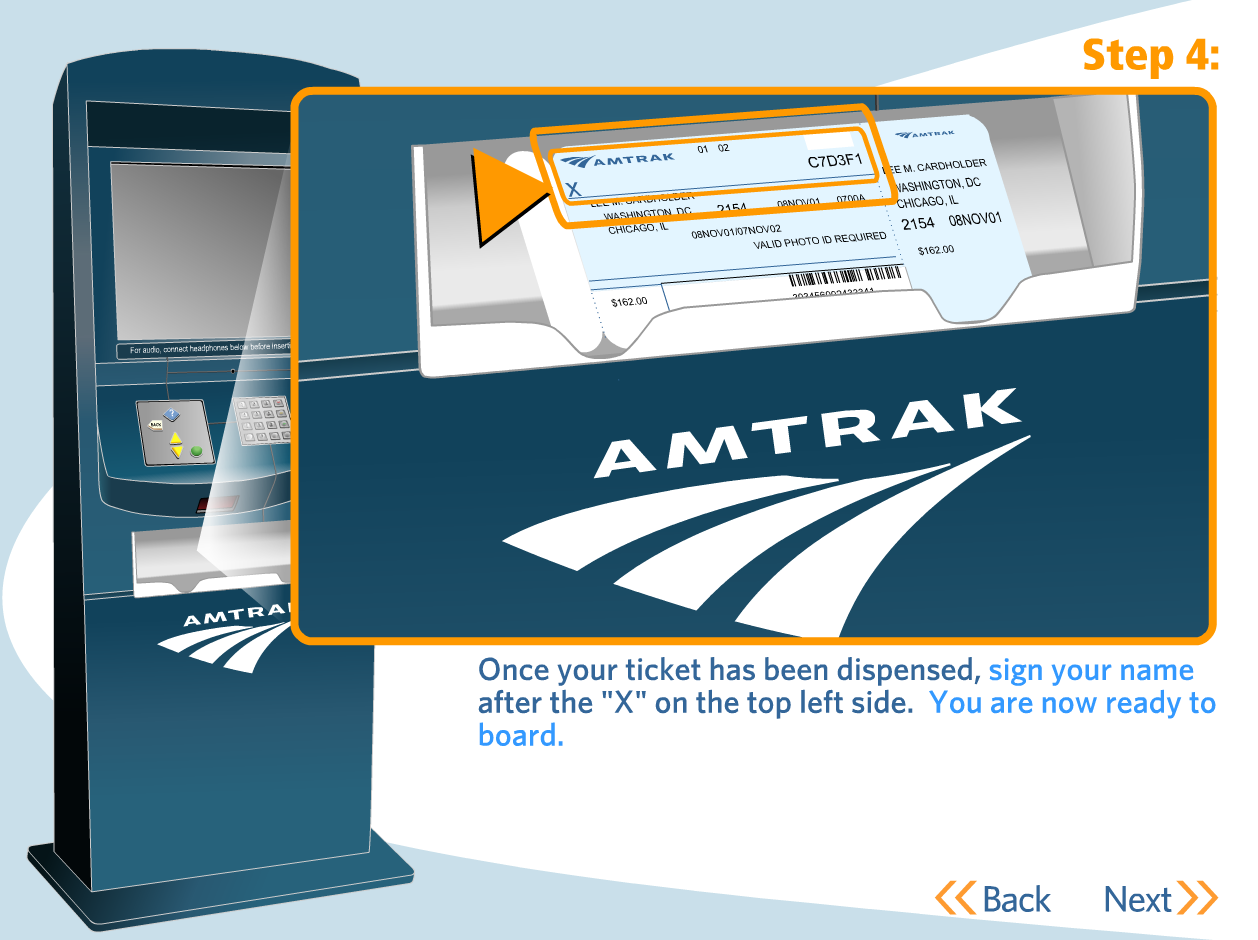
The Quik-Trak machine uses a touch screen. To purchase tickets using the Quick-Trak Machine, follow these instructions:

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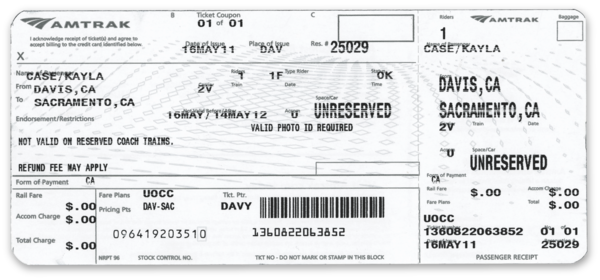
**Step 2**: Touch “Create Reservation” and select the location where you would like to go, and when.

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**UNDERSTANDING YOUR AMTRAK TICKET AND TRIP**

Your Amtrak ticket should look like one of the following shown below. They list your name, departure and arrival location, departure and arrival time. To find the boarding gate where your train is leaving ask an Amtrak employee or look for a monitor that lists it. These monitors will usually list the boarding gate 15 minutes before the departure time of the train. Make sure to get on your train as soon as possible - some trains will not let you on if you don’t board 10 minutes before the departure time. You may have to get on **multiple trains** to get to your destination. For part of your Amtrak trip you may have to take a Thruway Bus. If you cannot find something make sure to talk to people. Try to find someone who works at Amtrak, but you can always ask for help from a stranger.

**EMERGENCY SERVICES**

These service providers can help you in the event of a problem:

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| **SACRAMENTO:**  **For all services, dial 2-1-1 on any phone.**  **Emergency Shelters for men:**  **Union Gospel Mission** 400 North Bannon Street, Sacramento, CA 95814  Ph. (916) 447-3268 Provides a seven 7-night stay for single men. Be there at the black metal gate by 5:30 p.m. for a first come/first serve basis. You can have 7 nights in, then stay out for three nights, and come back for 7 more days. Preference usually given to "first timers" or new people, so let the staff know if this is your first time.  **Salvation Army** 200 North B Street, Sacramento, CA 95814  Ph. (916) 442-0331 x0 Emergency shelter provided for single men or women only. You must be at their B street lobby at 1:00 p.m. for placement onto the waiting list. Offers a 30 to 60 day shelter assisting in employment and housing independence.  **Adult Shelter VOA** 1400 North A Street, Building B, Sacramento, CA 95814  Ph. (916) 448-5507 You must show up the first time to have your name placed on the waiting list. Check in each day 9:00 a.m. to 12:00 p.m. - Intake is at 1:00 p.m. Call in each day for check-in after your name is on the list. When your name is close to the top, then show up or if you call in the staff will tell you to show up if you may receive a bed space. | **OAKLAND**  **Food:**  Alameda County Community Food Bank  Call 510-635-3663 to get registered to pick up food.  Their address is 7900 Edgewater Drive Oakland, CA 94621  **Shelters:** Dial 2-1-1 on any phone, and someone will direct you to a shelter. Also try:  City Team  722 Washington St., Oakland, CA.  510.452.3758 and wait to dial 26  **Healthcare:** Dial 9-1-1 if it is an emergency.  1411 E 31st St, Oakland, CA ‎  (510) 437-4800 ‎ |
| **SAN FRANCISCO**  **Food:** Glide serves over 1,000 meals daily.  Glide Memorial Church  330 Ellis St.  415-674-6000  **Shelter:** Dial 2-1-1 on any phone, and someone will direct you to a shelter.  **Healthcare:** Dial 9-1-1 if it is an emergency.  San Francisco General Hospital  1001 Portrero Ave.  San Francisco, CA 94110  415-206-8000 |
| **LOS ANGELES: For all services, dial 2-1-1 on any phone.**  **Shelters**:  Year Round Emergency Shelter  (800) 548-6047,  TTY: (800) 660-4026 | **SAN DIEGO**: **For all services, dial 2-1-1 on any phone.** |
| **BAKERSFIELD**: **For all services, dial 2-1-1 on any phone.**  **Shelter and Food:**  Bakersfield Homeless Center   1600 East Truxtun Avenue, Bakersfield, CA (661) 322-9199 |